

## Salsa by the Sea - Eastbourne!

A weekend by the sea with a difference! Flirt with the Latin spirit and make new friends on our amazing-value Eastbourne Salsa weekend in association with Mambo City. Staying half board in the comfort of the elegant Imperial Hotel you will enjoy six hours of high energy Salsa classes, nightly Salsa social events and the opportunity to explore the lively seaside town of Eastbourne.

What's more, we offer everyone who comes on one of our UK breaks a unique money-back offer when booking one of our Salsa holidays in Spain or Cuba. For each foreign holiday you book we offer £20 cashback - book 5 or 6 Club Dance Holidays and your UK Salsa break (from £99) is free!

---

Dates and Prices 4 February to 6 February - £99.00

---

Unique Features A weekend by the sea with a difference! The perfect opportunity to get away from it all, learn a new skill and make friends in a fun, sociable environment.

---

Your Holiday Join Club Dance Holidays and Mambo City on a UK Salsa break - the perfect opportunity to sample one of our Salsa holidays without breaking the bank. A fun, sociable weekend, ideal for beginner / improver Salsa dancers, we include 6 hours of professional Salsa tuition, Salsa dancing every evening, 2 nights accommodation in the well-located Hotel Imperial and dinner each night all as part of a fun, like-minded group.

---

What's Included

- | A thorough and entertaining syllabus in Salsa (see classes and workshops)
- | 2 nights accommodation in a comfortable and well-located 3\* hotel
- | Dinner each night
- | Nightly entertainment with freestyle dancing

---

What previous Customers Have Said about this Holiday

'Brilliant way to meet like-minded people and Salsa the night away!'

'V.relaxing and organized events v. enjoyable. Liked having choice to be independent as and when you please.'

'Its an absolute joy for me to write a letter of appreciation to you and your whole team for the totally fantastic weekend that I have just had dancing Salsa. It has become one of our all-time top three holidays to date. Our group comprised English, Chinese, Danish, Dutch, French-Moroccan, Indian and Irish with ages ranging from about 25 to 59; it was an excellent advertisement for the United Nations and anti-ageism.'

'Salsa tuition - professional, sensitive, empowering.'

'Great fun made special by terrific host'.

---

Is this holiday for me? Our UK breaks are ideal for newcomers to Salsa - a fantastic, great value way to sample a dance weekend without having to travel abroad. We can guarantee that once you experience Salsa with Club Dance Holidays, with a group of like-minded people in a fun, lively environment you will be hooked! The perfect opportunity to learn a new skill, enjoy time in one of the UK's top cities or resorts, make friends and have the most fun you can squeeze into a weekend!

---

Your Destination, includes sightseeing Eastbourne, of Saxon origin, is an unspoilt elegant Victorian seaside resort. Nestling under the Sussex Downs it enjoys a very pleasant all year round climate. It is protected from the more adverse weather conditions by the 575ft cliffs of Beachy Head and is renowned for its exquisite Carpet and Italian Gardens.

The town is bursting with so many things to see and do that you might want to extend your visit to fit more in. There are plenty of places to visit and fun things to do for all ages. Explore the area's history, discover 1066 castles, museums and art galleries, relax and enjoy the views of Beachy Head, local parks and gardens, sample the local produce from the town's vineyards and farmers markets, enjoy fun filled trips to the seaside or South Downs National Park, spend the day shopping and then soak up the local atmosphere in one of the many restaurants, wine bars or traditional pubs.

---

Climate and weather

---

Your Accommodation Imperial - Hotel\*\*\* (Half Board) (Included)

The Imperial is an impressive Victorian hotel situated at the seaward end of Devonshire Place, an imposing tree-lined boulevard less than fifteen minutes walk from the facilities and amenities in the town centre and just over the road from the promenade and bandstand. The Imperial offers a good standard of accommodation, comfortable lounge areas and the newly refurbished Majestic Restaurant as well as a small ballroom for dancing and evening entertainment . All 105 bedrooms have television, tea and coffee making facilities and private bathroom.

---

#### Classes and Workshops

Your Salsa course will be 6 hours long: 3 hours a day over 2 days. The timetable is expected to be Saturday 10am - 1pm and Sunday 10am - 1pm. All tuition and nightly social events will take place in the hotel.

Robert and Jean White of Mambo City specialise in cross body Salsa and will be bringing a varied flavour to the lessons in order to permit an all-inclusive Salsa experience. Their repertoire includes Cross body Salsa, Cuban Salsa and Cha Cha Cha.

Dance Levels: Our UK Salsa weekends cater for complete Salsa beginners as well as for those with a few lessons under their belt, known as "Improvers". There will be a level decider on the first day to ensure that you are in the group most appropriate to your ability and experience.

---

#### Daily Itinerary

This is a provisional itinerary, aiming to give you an idea of what the weekend might look like. Some details may change.

(OP) indicates an optional extra for which a charge will be made in advance.

##### Day 1 Arrival and Welcome Meeting

Dinner in the hotel

Evening Salsa social event, with dancing and music until late

##### Day 2

Breakfast in the hotel

10:00 - Salsa classes (3 hours)

Afternoon - Free time

Dinner in the hotel

Salsa social event, with dancing and music until late

##### Day 3

Breakfast in the hotel

10:00 - Salsa classes (3 hours)

Afternoon - Free time to explore the town before heading home

---

#### Nightlife

Eastbourne has a wide variety of entertainment to suit all ages and there is a choice of pubs, bars and restaurants on the seafront. For those wishing to practice their Salsa moves late into the night, there are some great local nightclubs.

---

#### Your Teachers

Robert and Jean White from Mambo City will be your hosts and teachers on our UK Salsa weekends.

Robert and Jean's first Salsa experience was in 1992 at a Salsa club in Toronto, hosted by Josie Neglia. It wasn't until they returned to London that they decided to take lessons with the first generation of UK Instructors, Xiomara Granados, Nelson Batiste, Ramiro Zapata and Zina. They were first introduced to cross body style dancing by Pedro Gomez and have since gone on to work with and learn different styles from such salsa luminaries as Eddie Torres, Nelson Flores (Descarga Latina), Thomas Guerrero (SantoRico), Frankie Martinez and many others. Owing to these influences, they have experienced styles ranging from Columbian and Cuban Salsa, to the Cross Body styles "On 1" / "On 2" and Cha Cha Cha. It was in May 1999, on a visit to the first SalsaWeb Convention (which was hosted in Washington DC), that Robert and Jean were really inspired by the amount of talent on display. Coupled with encouragement from Nelson Flores and some friends who wanted Salsa tuition, they started MamboCity, in August 1999. Their first class was attended by about 15 of their friends and Mambo City steadily grew, with the first of their legendary parties taking place in October of that year. The following month they got involved in promoting a New York dance group who wanted to come to the UK, Luis Zegarra of Fuerza Latina and Ismael Otero of Caribbean Soul and have never looked back. Robert and Jean now organise numerous Salsa events, showcases, congresses and weekenders throughout the UK as well as hosting and teaching on Club Dance Holidays' Spanish and Cuban Salsa breaks.

---

#### Food and Meals

Eastbourne offers wide variety of restaurant choices, from traditional fish and chips on the promenade to popular pasta and pizza chains and top-end dining experiences such as the award-winning seafood restaurant The Waterside and the elegant Mirabelle, located in the Grand Hotel.

---

Optional Extras      What are optional extras? In addition to your holiday we offer you a variety of optional extras to enrich your experience and add some local colour. We will advise you if there are any Optional Extras at the welcome meeting at the beginning of your holiday.

---

Single Room  
Supplements,  
Upgrades and  
Budget Options

Option 1 - Included

Imperial - Hotel\*\*\* Half Board - (04/02/2011 to 06/02/2011 - 2 nights)

Twin Room (Per Room)

Included

Twin Room (Single occupancy) (Per Room)

30.00 GBP

---

Flights and  
Transfers

---

Making your own  
way to the hotel  
for ground only  
package

Eastbourne is situated just 44 miles south of the M25 on the south coast, key approach roads include the M23, A27, A22 and the scenic coastal A259. Why not hire a car during your visit or book a taxi, many firms offer pre-bookable airport transfers if required.

Frequent direct trains run to London Victoria, Gatwick and Ashford International (Eurostar) – pick up a Daysave ticket for cheap travel, ride the seafront Dotto Train or explore the Sussex Heritage Coast with a Downlander bus/rail travel card.

London Gatwick is just an hour by car or rail, Stansted and Heathrow are about 2 hours drive away.

---

What to Expect in  
terms of  
Organisation

On Arrival: You will receive a course itinerary with information on location of classes and your teachers. We also include information on the local sights, recommended restaurants and other helpful tips.

---

Before Your Go

Health and Fitness: There are no particular health requirements for a dance holiday. However you should be able to dance for at least 2 hours a day in order to be fully able to enjoy the classes.

---

Essential  
equipment and  
clothing to bring

What to wear for Salsa dancing: We recommend that you bring shoes with a leather sole for the dance classes and the evenings. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! Wear comfortable loose clothing for the classes.

---

At Your  
Destination

---