

Ceroc Blaze in Cyprus

Ceroc Blaze 2016 in Cyprus/Paphos - a fantastic destination for the second Ceroc Blaze. **BLAZE ALWAYS HAS LIMITED PLACES** *SINGLE TRAVELLING LADIES* BOOKINGS NOW ON A WAITING LIST - this is to keep the gender balance in place.

*As of January 2016, supplements implemented for all flight booking requests including Gatwick

Dates and Prices	24 April to 1 May - £769.00
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Unique Features	A new concept in Ceroc holidays offering the chance to travel and dance in some great destinations. In 2016 we go to Cyprus/Paphos - a fantastic destination for the second Ceroc Blaze. A stunning four star hotel right on the beach promises to be a really exciting week
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As always we will be offering an explosion in the sun, fantastic, high energy workshops and unforgettable parties at night. Get ready for a jam-packed week of dancing with some of the UK's best loved Ceroc teachers.

Ceroc Blaze takes place in the amazing four star Hotel Athena Beach situated on the beach.

**As of January 2016, supplements implemented for all flight booking requests including Gatwick*

SINGLE TRAVELLING LADIES BOOKINGS NOW ON A WAITING LIST - this is to keep the gender balance in place.
COUPLES CAN STILL BOOK

PLEASE NOTE UPGRADE PRICES FOR ROOMS IS BASED ON PER PERSON. EXTRA NIGHT PRICES IS BASED ON PER ROOM

Your Holiday

What's Included	<ul style="list-style-type: none"> A full pass to the 7 night Ceroc Blaze Daily classes and workshops with the Ceroc team Afternoon parties Freestyle dancing every night Optional excursion with dancing in a Roman Amphitheatre Return flights from London Gatwick <i>*As of January 2016, supplements implemented for all flight booking requests including Gatwick.</i> Regional departures also available at a supplement) Return transfer from Paphos airport when we book your flight (on the standard holiday dates). 7 nights' half board accommodation at the four star Athena Beach Hotel full time hosted Time to relax and enjoy the beach, pool, local sights Welcome drink on arrival
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NB: Price is based on twin-share accommodation. The supplement for a single room is 147 GBP per person; alternatively we can arrange a room share for you.

What previous Customers Have Said about this Holiday	"Wow what an amazing time!!!!!!!!!!!!!!"
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	"I danced my socks off. And then danced some more!"
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"Fabulous choice of classes and workshops with a good balance of time to relax and enjoy the hotel and nearby beach"

"Your tour host deserves a gold medal, she was brilliant. Always around and nothing was too much for her. I don't know how she does it"

"Hotel and organisation were first class"

Is this holiday for me?	If you love to travel, dance and make new friends then this is for you. A week offering some really varied activities and some brilliant dancing and discovering a fantastic destination.
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We do recommend that you're not a complete beginner to Ceroc to really get the most out of this holiday. Take a few lessons before, get the hand of it all, meet some like-minded Ceroc friends and come and join us.

As well as a schedule of classes and workshops plus afternoon parties and freestyles every night there is time to relax and enjoy the hotel facilities, the beach nearby and the local sights.

Your Destination,
includes sightseeing

Paphos (Pafos), a city rich in history and culture, is a gem of western Cyprus. There is archaeological evidence supporting the city's existence from the Neolithic period. Paphos, the birthplace of the Greek Goddess of love and beauty 'Aphrodite', proudly boasts the remains of villas, palaces, theatres, fortresses and tombs that belong to Classical, Hellenistic and Roman periods. Paphos is included in UNESCO's list of world heritage sites as a natural and cultural treasure since 1980. Paphos, roughly divided into Old Paphos and New Paphos, is famous for its white-sand beaches and has emerged as a an attractive tourist destination

Climate and weather

Weather: the climate in Paphos is mild and nearly always sunny. Average April temperatures: 23°C

Your
Accommodation

Athena Beach - Hotel**** (Half Board) (Included)

This hotel is a four star, beachfront hotel in Kato Paphos within easy walking distance from the picturesque harbour, the archaeological sites, the shops and the nightlife. A bus stop is just outside the hotel and taxis are always available. Parking in the hotel car park is free for guests.

The resort is situated 15 km away from the Paphos International Airport and 140 km from Larnaca International Airport.

All the rooms feature spacious balconies offering beautiful views of the hotel's tranquil gardens or of the Mediterranean sea, as well as luxury bathrooms featuring bath tub, rain shower and flexible hose shower, Simmons® Luxury Beds and floor to ceiling windows.

Room facilities include among others air conditioning and heating, flat screen LCD satellite TV (26 inch in land view rooms and 32 inch in all other rooms) and radio, fridge, mini bar, hairdryer, scales, make-up/shaving mirror, ironing facilities, safety deposit box as well as tea and coffee making facilities.

The leisure facilities of this hotel include 3 freshwater swimming and 2 paddling pools, a waterslide, indoor pool (heated during the periods 1st November - 31st March), indoor and outdoor Jacuzzis, floodlit tennis courts, a 24-rink indoor and outdoor Bowls Green facilities, mini golf and a children's playground with Kids Club.

In the hotel's Elixir Spa there is a heated pool, a sauna, a steam bath, a fully equipped gym and a hairdressing salon. You can also choose from a good choice of professional massages and facial and body therapies, aromatherapy and other treatments are also available.

Classes and
Workshops

Dance workshops: Ceroc Blaze offers a full schedule of dance workshops, with at least 2 hours each day. These workshops will not only give you precious time with the top Ceroc teachers in the UK who will entertain you with their humour, personality and excellent teaching technique, but also will give you the opportunity to take different modules including: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

Venue for classes: All the workshops will conveniently take place within the hotel.

We aim for all of our Ceroc events to be gender balanced. We believe that gender balancing is an important feature of Ceroc events as it ensures maximum enjoyment for everyone. Ceroc normally requires a male lead and to create a

successful event it is important for both men and women to have equal workshop and freestyle opportunities.

We strive to ensure a successful gender balance by creating appropriate promotions where necessary.

The Learning Experience

Ceroc Blaze is suitable for dancers of all abilities but we do recommend, for maximum enjoyment, that you have some experience before joining the holiday.

There is a full schedule of dance workshops, with at least 2 hours each day and different modules include: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

The Ceroc UK teachers aim is to ensure that everyone gets something out of the classes; even the most advanced dancers will be stretched and will return from the week away with new additions to their repertoire. What's more, the teaching team inject a fantastic sense of fun into all the classes and workshops.

Daily Itinerary

Sample Itinerary

This is a provisional itinerary aiming to give you an idea of what your holiday will look like. There will be some elements which will change:

DAY 1

During the day - Arrive at Paphos Airport and transfer to the Hotel Athena Beach

Evening - Overview of the week; Dinner included; Welcome drink and Ceroc Blaze freestyle night

DAY 2

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Late afternoon - Afternoon party

Evening - Dinner included; Ceroc Blaze freestyle night

DAY 3

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Lunchtime - free time to relax

Evening - Dinner included; Ceroc Blaze freestyle night

DAY 4

Free day to relax by the pool or on the beach, or do an excursion (optional extra) which includes dancing in a beautiful amphitheatre

Evening - Dinner included; Ceroc Blaze Fest freestyle night

DAY 5

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Late afternoon - Afternoon party with games

Evening - Dinner included; Ceroc Blaze freestyle night

DAY 6

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Evening - Dinner included; Ceroc Blaze freestyle night

DAY 7

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Later afternoon - Afternoon party

Evening - Dinner included; Ceroc Blaze freestyle night. Farewell dance party with showcase by your Ceroc teaching team. Plus the 'Blaze 2016 Awards' (prizes given for Sexiest Dancer, Best Talker, Coolest Dips etc). FANCY DRESS THEME NIGHT TO BE ANNOUNCED.

DAY 8

Check out and transfer to Paphos Airport or, if you have a later return flight leave your bags with reception and continue to enjoy the hotel facilities.

Nightlife

Ceroc Blaze includes 7 fabulous freestyle nights.

In addition to dancing and music from Ceroc UK's top DJs, our freestyle nights include fun competitions, Cabaret and a showcase by the teachers on the last night. The last night will also host the 'Blaze 2016 Awards' where prizes will be given to the Sexiest dancer, Coolest mover etc.

The Ceroc UK team are fantastic party hosts and they will ensure you have some unforgettable nights.

Your Teachers	Teaching the Ceroc Blaze workshops and dancing with you during freestyle nights will be some of the top names in Ceroc from the UK. The teaching team are chosen not just for their great teaching technique but also for their charisma, sense of humour and fun. Among the teachers will be: <u>Debbie Attwood</u> A renowned figure on the UK Ceroc scene, Debbie began teaching in 2001 as part of a fresh start after the breakdown of a relationship. She fell in love with it and two years later in 2003 opened a Ceroc franchise in her home county of Worcestershire. Debbie is still as passionate about Ceroc today as when she first started and has helped to run our annual Ceroc Med Fest event for the past 7 years. <u>more teachers to be confirmed</u>														
Food and Meals	Cuisine: Cypriot cuisine is the cuisine of Cyprus and is closely related to Greek cuisine and Turkish cuisine. The Cypriot cuisine also includes influences from Byzantine, French, Italian, Catalan, Ottoman and Middle Eastern cuisines.														
Optional Extras	What are optional extras? In addition to your holiday we also offer a variety of optional extras to add some local colour to your holiday. Optional extras can be booked and paid for at the welcome meeting at the beginning of your holiday. We will ask you to pay in cash and fill out a form. Full details and prices will be confirmed on arrival. *minimum numbers required*														
Single Room Supplements, Upgrades and Budget Options	<p>Option 1 - Included</p> <p>Athena Beach - Hotel**** Half Board - (24/04/2016 to 01/05/2016 - 7 nights)</p> <table><tr><td>Superior Sea View Twin Room (Based on 2 sharing)</td><td>154.00 GBP</td></tr><tr><td>Superior Sea View Twin Room Single Occ. (1 Person)</td><td>301.00 GBP</td></tr><tr><td>Twin Room Land View (Based on 2 sharing)</td><td>Included</td></tr><tr><td>Twin Room Land View Single Occ. (1 Person)</td><td>147.00 GBP</td></tr><tr><td>Twin Room Sea View (Based on 2 sharing)</td><td>56.00 GBP</td></tr><tr><td>Twin Room Sea View Single Occ. (1 Person)</td><td>203.00 GBP</td></tr></table>			Superior Sea View Twin Room (Based on 2 sharing)	154.00 GBP	Superior Sea View Twin Room Single Occ. (1 Person)	301.00 GBP	Twin Room Land View (Based on 2 sharing)	Included	Twin Room Land View Single Occ. (1 Person)	147.00 GBP	Twin Room Sea View (Based on 2 sharing)	56.00 GBP	Twin Room Sea View Single Occ. (1 Person)	203.00 GBP
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Flights and Transfers	<p>Flights : This holiday includes flights from GATWICK*. Flights from regional airports are available (supplement applies). There are no direct flights from Glasgow, Edinburgh and Bristol.</p> <p><i>*As of January 2016, supplements implemented for all flight booking requests including Gatwick</i></p> <p>We provide transfers from Paphos airport when we book your flight (on the standard holiday dates).</p> <p>If you buy your own flight we can offer you a discount of £130 per person.</p>														
Making you own way to the hotel for ground only package	<p>If you buy your own flight we can offer you a discount of £130 per person.</p> <p>We provide shuttle transfers from Paphos airport when we book your flight (on the standard holiday dates).</p> <p>If you are arriving on a different day, please make your own way to the hotel.</p>														
What to Expect in terms of Organisation	<p>On Arrival: You will receive a detailed itinerary and details of any optional extras.</p> <p>Tour Host: Over the week you will have a tour host who will be available to help you with any questions that you may have. They are present from the pickup at the airport until you go home, and also actively participate in the social events. Whilst it should be noted that tour hosts cannot be present at every moment (as they sometimes must prepare other activities for your holiday), their role is to facilitate as much as possible that you have an</p>														

unforgettable holiday.

Overview of the Week and Welcome Drink: At the beginning of the week there is an Overview of the Week where your tour host will tell you about all details of your holiday. At the Overview of the Week you can buy your optional extras (see below). Also at the start of the week, Dance Holidays will invite you to be our guest to a drink.

Getting Around: You are responsible for making your own way to the dance classes and meeting points on the itinerary.

Free time: We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you. Your tour host will be on hand for any queries you may have about the local area.

Before Your Go

Health and Fitness: There are no particular health requirements for a dance holiday. However you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.

Insurance, Visa and Passport Requirements: Insurance is a condition of booking. Visas may be required for non EU citizens. British nationals need a full passport to travel to Cyprus.

Travel Documents: You receive these 10 days prior to departure. We also confirm the address and phone number of the hotel and the emergency contact numbers.

Essential equipment and clothing to bring

What to wear for Ceroc workshops and freestyle nights: We recommend that you bring shoes with a leather sole for the dance classes and the evenings. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! Wear comfortable loose clothing for the classes. We expect the Freestyle Nights to be quite dressy so bring some glam gear with you for the evenings!

Useful Things to Bring:

Swimming costume
Suntan lotion
Beach gear
Camera
Summer clothing for day and light jacket for evenings

At Your Destination

Banks and Money: The easiest way to buy obtain euros is by using a credit card at the cashpoints. You can buy small amounts, as often as you like, at any time, without queuing. You will need to know your P.I.N. Bank opening hours are normally 9.00 a.m. to 2.00 p.m. Banks will change cash, travellers cheques and will sell you currency on your credit card providing the lines are open. You will always need to show your passport at a bank.

Making friends with the Locals and people not on the holiday: The dance classes and dance evening events in the hotel at night are exclusive to Dance Holidays clients. Generally, we discourage people who are not on the holiday from joining our activities and we ask for your discretion in this respect. By all means, outside of the itinerary, do mix with other holidaymakers staying in the hotel.
