Zumba in Bournemouth

Experience a revitalising weekend in Bournemouth immersed in Zumba®, the hottest dance-fitness craze.

Dates and Prices	16 November to 18 November - £219.00
Unique Features	Say yes to a fantastic opportunity to spend a revitalising weekend in Bournemouth immersed in the hottest dance-fitness craze, Zumba® . You'll enjoy a high-energy daily schedule of Zumba® lessons with some of the UK's best teachers, evening entertainment and time to enjoy the local sights and dance the night away in a social group of like-minded people - a weekend by the sea with a difference! Staying half board in the comfort of the 3* Durley Dean Hotel & Spa, a historic Victorian townhouse hotel situated close to the beaches of Bournemouth, you will enjoy at least 5 hours of high energy Zumba® classes, evening entertainment and the opportunity to explore the delights of Bournemouth.
Your Holiday	
What's Included	- An entertaining Zumba® dance and fitness syllabus with George Martini and Jayne Louise (see classes and workshops) - 2 nights' accommodation at the Durley Dean Hotel & Spa Bournemouth - Breakfast and Dinner - Social evenings with dancing and music
What previous Customers Have Said about this Holiday	"Confidence building, lovely location, fantastic dance teachers, inspirational." "I have been on several Dance Holidays and they have all been great. This one was 10 times even better than the rest put together!" "The best holiday I've ever had - a chance to relax and laugh with like minded people."
Is this holiday for me?	Our UK breaks are ideal for newcomers to dance as well as those looking for an altogether more glamorous dance-based workout. It's the perfect opportunity to sample the hottest dance and fitness craze of the moment without breaking the bank. We can guarantee that once you experience Zumba® with Club Dance Holidays, with a group of like-minded people in a fun, lively environment you will be hooked! Learn a new skill, enjoy time in one of the UK's top cities or resorts, make friends and have the most fun you can squeeze into a weekend!
Your Destination, includes sightseeing	Sprawling for 7 miles along the southern Dorset coastline, Bournemouth is one of the largest seaside resorts in Britain, famous for its grand seafront and broad sandy beaches. It's part Victorian resort, part modern commercial centre and part mass-market tourist holiday park, where day-trippers and holiday makers rub shoulders with stag and hen parties. Harmony seems to preside amongst Bournemouth's temporary residents though and it's an atmospheric introduction to the world of the British beach holiday, with plenty to keep you occupied, including sunbathing, shopping and water sports by day, and a wealth of bars, clubs and shows to explore by night.
Climate and weather	Bournemouth enjoys a mild British climate
Your Accommodation	Durley Dean - Hotel*** (Half Board) (Included) The Durley Dean Hotel is an historic Victorian townhouse hotel situated close to the beaches of Bournemouth, one of the most popular holiday destinations on the south coast of England. Facilities: Car parking, restaurant, spa & treatments, gym. Rooms equipped with en-suite bathroom, tea and coffee making facilities, hair dryer, LCD TV with freeview channels, free WiFi Access.
Classes and Workshops	Your weekend schedule includes as much Zumba as possible. There'll be at least 5 hours of Zumba over the weekend. Zumba Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's bringing together

people across the globe. Since its inception in 2001, Zumba® Fitness has grown to become the world's largest - and most successful - dance-fitness program with more than 10 million people of all shapes, sizes and ages attending Zumba® classes in over 90,000 locations across more than 110 countries.

All classes will take place within the hotel.

Daily Itinerary

The provisional itinerary below aims to give you an idea of what the weekend might look like. Some details may change.

Day 1
Afternoon arrival and welcome meeting
Dinner in the hotel
Latin inspired dancing at a local venue

Day 2
Breakfast in the hotel
10.00 - 12.00 Zumba® Party with George and Jayne
Free time for lunch
1600 - Fun Salsa and Bachata class
Dinner in the hotel
Latin inspired evening at a local venue

Day 3
Breakfast in the hotel

Check out OR late check out subject to availability
0930 - 1130 – Zumba® classes

Afternoon - Free time before making your way home

Nightlife

Bournemouth is home to a wide variety of entertainment to suit all ages. It has a great choice of pubs, bars and restaurants on the seafront and some local nightclubs for those wishing to dance late into the night!

Your Teachers

We work with some of the UK's best Zumba® instructors, all of whom carry the official Zumba® Fitness qualification and have many years' experience in dance and fitness instruction.

Your teachers and hosts in Bournemouth will be George Martini and his special guest Jayne Louise who will ensure you experience the ultimate Club Dance Holidays Zumba® Fitness Weekend in Bournemouth .

Food and Meals

You'll be spoilt for choice with the variety of restaurant choices Bournemouth has to offer. From traditional fish and chips on the promenade to popular pasta and pizza chains and top-end dining experiences, it's just a matter of deciding where you want to dine!

Optional Extras

In addition to your holiday we offer you a variety of optional extras to enrich your experience and add some local colour. There are currently no optional extras currently available for this trip.

Single Room Supplements, Upgrades and Budget Options

Option 1 - Included

Durley Dean - Hotel*** Half Board - (16/11/2018 to 18/11/2018 - 2 nights)

Single Room (Per Room)	30.00 GBP
Twin Room (Per Room)	Included

Extra Nights

Single Room (Per Room)	60 GBP per night
Twin Room (Per Room)	99 GBP per night

Flights and Transfers

Making you own way to the hotel for ground only package	Bournemouth is centrally located on the south coast and serviced by public transport, good road links, an international airport and nearby ports. Travel by Bus or Coach There are plenty of coach providers offering great prices on travel to and from Bournemouth. All coaches arrive in the heart of Bournemouth, right next to the train station, where taxis and local buses are waiting to take you to your hotel, the town centre or seafront. Try Wilts & Dorset buses to get you around and Streamline Warren taxis or United Taxis. Travel by Train Bournemouth is well served by the rail network with two railway stations in the Borough - the main Bournemouth station and Pokesdown to the East. Crosscountry trains provide an excellent train service to and from various locations around the UK. Many train operaters provide a comprehensive service to London Waterloo with a journey time of as little as 97 minutes. Many lines also serve Southampton, Winchester and Basingstoke to the East, with Poole, Wareham, Dorchester and Weymouth to the West. Other train lines serve destinations to the North with direct trains to Reading, Oxford, Birmingham & the Midlands, Manchester and the Northwest, Yorkshire (Sheffield, Leeds, York), Newcastle, Edinburgh and Glasgow in Scotland. Bournemouth is accessible from all parts of the UK by train - check your local station for the best route to take.
What to Expect in terms of Organisation	You'll receive a course itinerary on arrival along with information on the location of classes and your teachers.
Before Your Go	Health and Fitness: There are no particular health requirements for this dance holiday. However you should be able to dance for at least 2 hours a day in order to be able to enjoy the classes. If you do have any concerns please do feel free to call a member of the team who will me happy to help - 0207 099 4816.
Essential equipment and clothing to bring	Although you can dance barefoot, we recommend that you bring comfortable gym shoes or trainers/jazz shoes for the dance classes and something more formal for the evenings. Your shoes should be comfortable and supportive. Lightweight cotton socks are also recommended to avoid sweaty and blistered feet, and comfortable, loose clothing for the classes.