

Zumba Sunblast Antilla Spain

Experience Fitness with Zumba® in our brandnew destination on Islantilla Beach. George Martini and guest instructor offer a full programme of fitness and well-being including Zumba® and a lot of fun in the Spanish sunshine. George has been established as a host since 2007. He is knows and loved for his enthusiasm, charisma and energy.

Dates and Prices	13 September to 20 September - £1,269.00
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Unique Features	Spend a revitalising week immersed in a full programme of fitness and well-being including Zumba® in the Spanish sunshine. You'll enjoy a high-energy daily schedule of classes with George Martini and friends, including Zumba®, Aqua Zumba and more. It doesn't end there, you'll also get time to enjoy the local beaches, sample the cuisine and dance the night away in a social group of like-minded people with a lot of fun!
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George's enthusiasm, charisma, fun and inclusive teaching method will ensure that you experience a memorable week with as much Zumba as you can handle as well as some great nights out.

Your holiday, including all dance and fitness classes, takes place in a fantastic 4 star hotel.

Your Holiday

What's Included	- A full programme of classes in Zumba® and Aqua-Zumba led by course director George Martini - Programme of evening entertainment - return flights from London Gatwick* (other airports are available at a supplement) - Return shuttle transfer from Faro Airport 7 nights' half board accommodation at a four star Hotel - drinks included during dinner - Time to relax and enjoy the beach, pool and local sights
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NB: Price is based on twin share accommodation.

What previous Customers Have Said about this Holiday	"I just want to say thank you, the holiday was amazing. The teachers and hosts were fantastic and so helpful. Well done to you guys for a great holiday, we thoroughly enjoyed it - the hotel and spa was great and food was good. Can't wait for the next one!"
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"I met so many great people and returned home feeling truly revitalised!"

"An amazing week. The choice of classes was excellent and the venue so accommodating. It was great to be able to dip in and out of the class schedule and the evenings were fantastic fun"

Is this holiday for me?	Yes! This is an ideal holiday for newcomers to dance or fitness, regardless of ability. A true Mind, Body and Soul retreat jam-packed with classes in dance, fitness and well-being.
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Zumba® Fitness is a Latin-inspired dance and fitness craze currently sweeping the UK's dance studios, combining international music and contagious steps to form an addictive "fitness-party". On this holiday you can not only learn Zumba® but participate in additional classes in Aqua Zumba, Salsa, Bachata and much, much more as well as enjoy a lively social week in the sun. A fun, dance-based workout combined with sunshine, culture, good friends, food and entertainment.

George Martini's enthusiasm, charisma and fun, inclusive teaching method will ensure that you experience a memorable week with as much Zumba as you can handle as well as some great nights out.

Your Destination, includes sightseeing	Huelva: Sun, beach and Nature. Embark on the caravels that discovered the New World. Meander down the Guadiana river towards the sea of the explorers. Explore the Rio Tinto landscapes that will transport you to Mars. Experience the magic of Sierra de Aracena and Picos de Aroche, where the best ham in the world is produced. Find out why Doñana is Europe's greatest nature reserve. Come see for yourself that the virgin beaches of your dreams do exist.
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Your Accommodation Puerto Antilla Grand Hotel - Hotel**** (Half Board) (Included)

This four star hotel is located in front of the beach of Islantilla, in a privileged place of the Coast of the Light. Come and feel the sun, the breeze of the Atlantic Ocean, and enjoy the pleasure of your senses.

All rooms at Puerto Antilla Grand Hotel have been designed to enjoy a pleasant rest and great comfort, offering excellent facilities to all its customers. It has 5 swimming pools and 1000 m2 of spa & wellness area

Classes and Workshops You'll enjoy a full schedule of Zumba and related classes, comprising of at least twelve hours. You'll be completely immersed in the fun ethic of Fitness and Zumba in Calpe with a wide range of related dance and fitness classes which include:

Zumba Fitness®

The only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. Zumba Fitness classes will form the basis of the holiday.

Additional classes on offer include:

Aqua Zumba®

Known as the Zumba "pool party," Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

and more...

All the classes will take place within the hotel

The Learning Experience Our schedule includes as much Zumba as possible! So you can get the most of the holiday we also offer related classes including Aqua Zumba and much more.

There is no "Beginner", "Intermediate" or "Advanced" in Zumba; it is open to everyone and everyone can benefit from its infectious party atmosphere and great fitness advantage!

All classes will take place within the hotel.

Daily Itinerary The thing our customers love about us is that we give them the option of dipping in and out of lessons as they please! You'll be immersed in an action packed mind, body and soul getaway - but only if you want to. You can plan your classes to your day and interests, according to what suits you. You may want to attend all classes or want that little free time in your day to indulge, either way it's your choice!

The sample provisional itinerary below aims to give you an idea of what your holiday will look like. There will be some elements which will change:

DAY 1

Arrive at Faro Airport and transfer to the hotel

Dinner in the hotel followed by welcome evening - dancing until late into the night

DAY 2
Morning Zumba classes

Aqua Zumba
Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes

Dinner in the hotel followed by dancing at a local venue

DAY 3
Morning Zumba classes

Aqua Zumba
Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes

Dinner in the hotel followed by dancing at a local venue

DAY 4
Morning Zumba classes

Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Salsa class

Dinner in the hotel followed by dancing at a local venue

DAY 5
optional excursion
Free time to explore the local area, spend time on the beach or use the hotel facilities
Dinner in the hotel

DAY 6
Morning Zumba classes

Aqua Zumba
Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes
Dinner in the hotel followed by dancing at a local venue

DAY 7
Morning Zumba classes
Farewell classes in the afternoon

Dinner in the hotel followed by farewell party with dancing late into the night

DAY 8
Transfer to Faro Airport for your return flight

Your Teachers

We work with some of the UK's best known instructors, all of whom carry the official Zumba qualification as well as qualifications in Masala Bhangra and Salsa and have many years' experience in dance and fitness instruction.

Your host and teacher will be George Martini

George Martini George is a an extremely popular and experienced figure in the Zumba world and his enthusiasm, professionalism, charisma and inclusive teaching mean he is always in demand. George teaches and hosts on all of our UK dance and fitness breaks and is qualified in Zumba, Aqua Zumba, Zumbatomic, Masala Bhangra and more and runs his own company providing salsa classes for school children. George has always been passionate about Latin dance and fitness and his infectious style has won him many fans in his hometown of Oxford and throughout the UK.

Single Room
Supplements,
Upgrades and Budget
Options

Option 1 - Included

Puerto Antilla Grand Hotel - Hotel**** Half Board - (13/09/2026 to 20/09/2026 - 7 nights)

Suite Sea View for 1 pax (Per Room)	350.00 GBP
Suite Sea View for 2 pax (Based on 2 sharing)	98.00 GBP
Suite Sea View for 3 pax (Based on 3 sharing)	98.00 GBP
Twin Room (Per Room)	Included
Twin Room for Single Occupancy (Per Room)	175.00 GBP

Extra Nights

Suite Sea View for 1 pax (Per Room)	126 GBP per night
Suite Sea View for 2 pax (Based on 2 sharing)	172 GBP per night
Suite Sea View for 3 pax (Based on 3 sharing)	258 GBP per night
Twin Room (Per Room)	144 GBP per night
Twin Room for Single Occupancy (Per Room)	91 GBP per night
Twin Room Sea View (Based on 2 sharing)	160 GBP per night

Flights and Transfers

Flights: Flights included from London Gatwick*. Other airports are available at a supplement.

**For bookings made within 8 weeks prior to departure, supplements may apply for ALL airports including Gatwick. Please get in touch for an accurate quote at time of booking.*

Which airport? The nearest airport is Faro. From there it takes approximately one hour by bus.

Airport Coach Transfer: Transfers are included on the holiday dates

Making your own way
to the hotel for
ground only package

Return shuttle transfers are included from Faro airport on the start date and end date of the holiday. Should your flight be arriving on a different day you can ask us for more options.

What to Expect in
terms of Organisation

You'll be collected from the airport and taken to the hotel as part of the service. There'll be a group meeting and drinks on the first evening which will be your opportunity to learn about the classes, meet your instructor and others on the holiday.

Getting Around: You are responsible for making your own way to the dance classes and meeting points on the itinerary.

Free time: We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you.

Before Your Go

Insurance, Visa and Passport Requirements: In brief, Insurance is a condition of booking. Visas may be required for non EU citizens. British nationals need a passport which has at least 6 months validity and no older than 10 years to travel to Spain.

Travel Documents: You receive these 10 days prior to departure. We also confirm the address and phone number of the hotel and the emergency contact numbers.

Essential equipment
and clothing to bring

What to wear for dance and fitness classes: We recommend that you bring trainers and comfortable gym-style clothes for the classes. Your shoes should be comfortable and supportive. Lightweight cotton socks are advisable if you want to avoid sweaty and blistered feet! Evenings are informal but some venues do not allow beachwear / shorts etc.
