Salsa Splash Spain 6 nights

Mambo City's Salsa Splash Spain is a non-stop dance explosion in the sun offering fantastic, high energy workshops and unforgettable parties at night with competitions, great music, pool and beach parties and more!

Dates and Prices	6 June to 12 June - £509.00
Unique Features	Salsa Splash Spain is a non-stop dance explosion in the sun offering fantastic high energy workshops and unforgettable parties at night, great music, pool and beach parties and more! The week will be a buzz of Salsa excitement! Join Robert and Jean White, Mauricio Reyes, Abu Pachanga and more tbc for classes in Salsa On 1, Cuban Salsa, Rueda, Cha Cha Cha, Bachata and more. Your holiday, workshops and some of the parties take place in the elegant four star Hotel AR Diamante Beach located on Levante Beach and with three swimming pools, gardens with terraces, fitness centre and spa and a choice of restaurants and bars. Airport Coach Transfers: Transfers are not included. We are happy to help you organizing your transfer. Call now on 0207 099 04816
Your Holiday	
What's Included	ı The 6 night Salsa Splash Spain event, choreographed by Robert White of Mambo City and his team of Salseros ı 6 nights' half board accommodation at the 4 star Hotel AR Diamante Beach located on Levante Beach and with three swimming pools, gym, excellent spa and wellness centre and a choice of restaurants and bars ı Bilingual Club Dance Holidays Tour Host ı Daily classes with the team ı Evening entertainment ı Special salsa course for beginners ı Parties in the afternoon ı Optional "Sparties" (parties in the hotel spa) with Cava and chocolate (optional extra) ı Time to relax and enjoy the beach, pool and local sights ı Orientation pack on arrival & welcome drink NB the price does not include a return flight but we're happy to arrange for you if you wish (£20 admin fee)
Is this holiday for me?	Salsa Splash Spain has something for everyone. Not only is it THE Salsa in the Sun event of the year, it is the perfect opportunity for first-time Salseros and Salseras to experience salsa with Club Dance Holidays. Catering to all dance abilities, from complete beginners to advanced, Robert and Jean White of Mambo City bring their expert teaching and hosting to the sun-drenched beaches of Calpe.
Your Destination, includes sightseeing	Located on the central Eastern coastline, Spain's Costa Blanca is a popular destination for tourists who arrive every summer to take advantage of the warm climate, sun-drenched beaches, laid-back lifestyle and lively evening culture. Calpe is situated approximately 60km from Alicante airport. With around 13.000 inhabitants, this unassuming former fishing village has become a popular resort. A distinguishing feature of the town is the "Penon de Ifach", an imposing rock which rises from the sea and creates a unique landscape for this coastal resort. Calpe's two main beaches, the Cantal Roig and the Playa Arenal, are renowned for their long stretches of fine sand and clear waters, perfect for swimming and also popular with surfers. Protection from the wind by surrounding mountains means that the town's beaches generally remain warm and the sea calm. The port comes alive in the afternoon as the daily catch makes its way inland and diners are invited to sample the fresh local seafood for dinner in one of the many restaurants surrounding the harbour. As well as a good choice of restaurants serving local specialities (the Valencian Paella is a must-try!), there is a good selection of international dining choices including Argentinian, Italian and other European cuisine. Calpe boasts some fantastic bars and clubs playing a wide range of live music including Flamenco bars and karaoke pubs which remain open until the early hours of the morning. For a wilder evening, Benidorm is just 20 minutes by bus. Shopping in Calpe offers the usual traditional local handicrafts such as wickerwork, ceramics and leather goods, as well as a wide assortment of souvenirs jewellery and trinkets.

Climate and weather	Calpe is located on the Costa Blanca and so the climate is always mild and nearly always sunny.

Average temperatures:

Jan	10C	Apr	14C	Jul	25C	Oct	18C
Feb	13C	May	16C	Aug	25C	Nov	16C
Mar	13C	Jun	21C	Sep	22C	Dec	12C

Your Accommodation

Diamante Beach - Hotel**** (Half Board) (Included)

The AR Diamante Beach Spa is located on the Levante beach in the town of Calpe, a stunning location on the Costa Blanca in Spain's Alicante province. The hotel's unique style is characterised by its spectacular glass facade that lends an impressive source of natural illumination to the carefully designed interior.

There are no less than three outdoor pools, surrounded by attractive terraces dotted with palm trees and just a few steps from the seashore. The locally-renowned, modern Spa is one of the best on the Costa Blanca and has an additional indoor pool with water features as well as Turkish baths, sauna and an array of treatments. It has been totally renovated and opned to the public again in May 2013. There is also a gym and access to a nearby golf course.

Dining options include two a la carte restaurants serving local and international cuisine, a buffet restaurant, cafeteria and piano bar.

All 283 double rooms are attractively decorated and have large balconies, air conditioning, safe, wi-fi internet connection and private facilities and hairdryer.

Classes and Workshops

You'll enjoy classes each morning.

The workshops will be theme based which can include:

Salsa - Cross Body Style
A sample programme can include:
Improvers
Focus on connection with partner, Shines, Turn Patterns, Rhythm & Musicality

Intermediate
Better connection in partner work, more advance partner work

Advanced
Dynamics in motion, difficult sequences, variations

Shines
Footwork origination for swing, tap and jazz dance, now used in salsa dancing

Partner work / Turn patterns

Cross Body Style
There are 3 distinct style of Crossbody dancing, 1-LA, 2-New York On2, 3-New York On1

Los Angeles style
Basic step for LA-style
L.A. style is danced on 1, in a slot, with a measure of easiness and adaptability to it. It is strongly influenced by the Mambo, Swing, Argentine Tango and Latin Ballroom L.A. style places strong emphasis on sensuousness, theatricality, aerobics, and musicality. The lifts, stunts and aerial works of today's salsa shows are derived mostly from L.A. Style forms with origins in Latin Ballroom and Ballet lifts.
The two essential elements of this dance are the forward–backward basic as described above and the cross-body lead. In this pattern, the leader steps forward on 1, steps to the right on 2-3 while turning 90 degrees counter-clockwise (facing to the left), leaving the slot open. The follower then steps straight forward on 5-6 and turns on 7-8, while the leader makes another 90 degrees counter-clockwise and slightly forward, coming back into the slot. After these 8 counts, the leader and follower have exchanged their positions.

New York style On2
Like LA-style salsa, New York style is danced in a line. However, unlike LA style, it is danced on the second beat of the music ("on 2"), and the follower steps forward on the first measure of the music, not the leader. The etiquette of New York Style is strict about remaining in the "slot" and avoiding traveling dancing in a sandbox area with a lot of spins, turns and styling. There is greater emphasis on performing "shines" in which dancers separate themselves and dance solo with intricate footwork and styling for a time—suspected origins from Swing and New York Tap.
Though he did not create New York style salsa, Eddie Torres is credited with popularizing it, and for having the follower step forward on the second beat of the first measure.

There are two distinct developments of New York Salsa as a music and dance genre:
1. Primary original evolution from Mambo era when Cuban music was introduced to New York due to influx of migrating Cuban dissidents and Latin migrants during Pre/Post Cuban Revolution in the 1950s and 1960s. This era is known as the "Palladium Era". At this time, the music and dance was called "Mambo" or "Rhumba" -- connoting the general term without being specific.
2. Secondary evolution during the late 1970s, Latin migrants, particularly Puerto Ricans, contributed to the New York Salsa development during the "NuYorican" era of Hector Lavoe which greatly popularized salsa as a term and modern Latin music throughout the world. Salsa superstars were "discovered" during the era, such as Ray Baretto ("The Godfather") and Celia Cruz ("The Queen of Salsa"). There are also salsa artists that transcend both periods, notably the legendary Puerto Rican Tito Puente ("The Mambo King").
These two developments create a fusion of a new salsa music and dance genre, different than its Latin American and L.A. Style counterparts.
New York style salsa emphasizes harmony with the percussive instruments in salsa music, such as the congas, timbales, and clave, since many or all of those instruments often mark the second beat in the music

New York style On1
In the mid 1990's a group of dancers headed to New York to learn Crossbody dancing, MamboCity was one of these groups, the style there teach is an adaptation of New York On2 taught On1,

Cuban Style
Cuban style, also known as Casino, Casino traces its origin as a partner dance from Cuban Son dancing, and its rhythmic body motions from Afro-Cuban Rumba heritage. Son is considered an older version and ancestor to Salsa, it is danced in a circular motion, where the follower travels around their partner.
Son is danced on delay measure upbeat (contra-tiempo) following the 2-3 clave (Son Clave) whereas Casino is usually danced on the downbeat break of 1 or 3 (a-tiempo). Musically, the beats 1, 3, 5 and 7 are considered downbeats; whereas 2, 4, 6 and 8 are considered upbeats. Casino was popularized in the late 1950s as the Cuban Son received upbeat and quicker arrangements by musicians. Casino has a very independent development, free from external influences such as Puerto Rican and North American dances partly due to the effect of the Cuban Embargo

Rueda de Casino (Rueda, Casino Rueda, Salsa Rueda) is a particular type of round dancing of Salsa. It was developed in Havana, Cuba in the late 1950s and early 1960s by the group Guaracheros de Regla and one of its main choreographers and creators was Jorge Alfaro from San Miguel del Padrón, a soloist of a comparsa.
Pairs of dancers form a circle, with dance moves called out by one person, a caller (or "líder" or "cantante" in Spanish). Many moves have hand signs to complement the calls; these are useful in noisy venues, where spoken calls might not be easily heard. Many moves involve the swapping of partners.
The names of the moves are mostly in Spanish, some in English (or Spanglish; e.g., "un fly"). Some names are known in slightly different versions, easily recognizable by Spanish-speaking dancers, but may be confusing to the rest.

The Learning Experience

Each of the workshops are theme based which can include:

Salsa - Cross Body Style
A sample programme can include:
Improvers
Focus on connection with partner, Shines, Turn Patterns, Rhythm & Musicality

Intermediate
Better connection in partner work, more advance partner work

Advanced
Dynamics in motion, difficult sequences, variations

Shines
Footwork origination for swing, tap and jazz dance, now used in salsa dancing

Partner work / Turn patterns

Daily Itinerary

Thursday
Arrival and check to the Hotel AR Diamante Beach for dinner, welcome party and drink, followed by an Ice Breaker dance session at one of Calpe's top nightspots.

Friday
After breakfast enjoy 2 hours of Salsa classes followed by an afternoon pool party.

After a sociable dinner at the hotel we depart for one of Calpe's top nightclubs for a salsa night to remember.

Saturday

	Morning Salsa classes followed by time to enjoy the splendid hotel facilities (three swimming pools, health spa and massage, stroll on the beach or take and a dip in the sea). Dinner at the hotel followed by an evening Salsa party. Sunday Morning Salsa classes with the team followed by time to enjoy the splendid hotel facilities (three swimming pools, health spa and massage, stroll on the beach or take and a dip in the sea). Afternoon Salsa Party with informal dancing in the sun. Dinner at the hotel followed by one of Mambo City's legendary Parties - a fantastic evening dancing Salsa and socialising with good friends while the sun sets over the stunning Mediterranean sea. . Monday Morning Salsa classes with the team followed by time to enjoy the hotel facilities. Dinner at the hotel followed by an evening Salsa party. Tuesday Morning Salsa classes Dinner at the hotel followed by an evening farewell Salsa party Wednesday Check out and enjoy the last minutes before flying back home
Nightlife	Salsa Splash Spain offers you nightly entertainment with dancing in the company of some of the best names in the salsa world.
Your Teachers	Robert and Jean White of Mambo City "Our first Salsa experience, was at a night club in Toronto Canada in 1992, where the Salsa night was hosted by Josie Neglia but it wasn't until we returned to London that we decided to take lessons with the first generation of UK Instructors, Xihomara Granados, Nelson Batiste, Ramiro Zapata and Zina. We were first introduced to cross body style dancing by Pedro Gomez and have since gone on to work with and learn different styles from salsa luminaries including Eddie Torres, Nelson Flores (Descarga Latina), Thomas Guerrero (SantoRico), Frankie Martínez and more. Owing to these influences, we have experienced styles ranging from Columbian and Cuban Salsa, to the Cross Body styles "On 1" / "On 2" and Cha Cha Cha. It was in May 1999, on a visit to the first SalsaWeb Convention (which was hosted in Washington DC), that we became inspired to launch Mambo City. Our first class was attended by about 15 of our friends and steadily grew. The following month (November) we got involved in promoting a New York dance group who wanted to come to the UK, led by Luis Zegarra of Fuerza Latina and Ismael Otero of Caribean Soul. This happend by chance, due a promoter who was responsible for organising the event pulling out and this saw the beginning of our work as salsa promoters. We have since organised and promoted numerous events both in the UK and abroad and our salsa congresses attract up to 1000 people". Mauricio Reyes http://www.salsadance.co.uk/congress/portfolio-1/mauricio-reyes-ukguatemala/ Abu
Food and Meals	Calpe offers a choice of restaurants offering locally caught fresh seafood as well as international cuisine including modern and traditional Spanish, Italian, Chinese and much more.
Optional Extras	In addition to your holiday we also offer you a variety of optional extras to make your holiday even richer and add some local colour. You can buy your optional extras at the welcome meeting at the beginning of your holiday. We will ask

you to pay in cash and fill out a form. These are the optional extras that we anticipate running – actual details and prices will be confirmed on arrival. Some may require minimum numbers.

Sparty (Friday) An exclusive dance party in the hotel's luxury spa. From 1am until 3am there will be music and dancing, the chance to dip in the pool and even Cava and chocolates - a really luxury late night party. Numbers are limited so don't delay. 30 GBP per person.

Single Room Supplements, Upgrades and Budget Options

Option 1 (Diamante Beach) - Included

Diamante Beach - Hotel**** Half Board - (06/06/2019 to 12/06/2019 - 6 nights)

Double Room (1 Person)	120.00 GBP
Double Room (Based on 2 sharing)	Included
Twin Room (Per Room)	Included
Twin/Double Room (Single occupation) (Per Room)	120.00 GBP

Extra Nights

Double Room (Based on 1 sharing)	99 GBP per night
Double Room (Based on 2 sharing)	120 GBP per night
Junior Suite (Per Room)	250 GBP per night
Twin Room (Per Room)	120 GBP per night
Twin/Double Room (Single occupation) (Per Room)	99 GBP per night

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Flights and Transfers

Flights: The standard price advertised does not include a return flight out to the event. We suggest flying to Alicante airport (approx. 60 minutes from the hotel in Calpe).

Airport Coach Transfers: Transfer is not included.

Making you own way to the hotel for ground only package

Taxi from Alicante Airport: You can take a taxi from Alicante Airport which usually costs approximately 110€.

Public Transport from Alicante Airport: Or you could travel by bus from the airport terminal to Benidorm bus station. From here, you can catch a direct bus to Calpe. For timetables and fares please go to: http://www.alsa.es/en/

What to Expect in terms of Organisation

On Arrival: You'll receive a detailed itinerary

Tour Host: Our tour host will be around to help you with any questions or problems. They're present from the pickup at the airport until you go home, and are also actively participate in the social events. Their role is to facilitate as much as possible that you have an unforgettable holiday.

Overview of the Week and Welcome Drink: There'll be an Overview of the Week at the beginning of your trip where your tour host will tell you about all details of your holiday. Here you can buy your optional extras and will also be invited to the Club Dance Holidays welcome drink.

Getting Around: You'll be responsible for making your own way to the dance classes and meeting points on the itinerary. We'll point out those times when it is sensible to take a taxi.

Free time: We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you. Your tour host will be on hand for any queries you may have about the local area.

Before Your Go

Books on Spain: You may like to read up on your destination before you go. Penelope Casas writes beautifully on Spain, such as "The Blue Guide" or "The Foods and Wines of Spain." Ian Gibson's "The Fire in the Blood" is one of the most fascinating insights into Spanish Culture.

Budgeting for your holiday: It's always good to have an idea of costs on food and drink before you arrive at your destination. Here are some guidelines to help you do your own calculations. Please refer to the optional extra section of the fact sheet for the prices of the optional extras.
Three course meal including drinks in the centre of town: 25 - 30 euros
An evening of tapas and drinks: 15 euros
Rum and coke: 6 euros
Beer: 3 euros
Coffee: 2 euros

Health and Fitness: There are no particular health requirements for a dance holiday. However you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.

Insurance, Visa and Passport Requirements: Insurance is a condition of booking. Visas may be required for non EU citizens. British nationals need a full passport to travel to Spain.

Travel Documents: You'll receive these 10 days prior to departure.

Essential equipment and clothing to bring

We recommend that you bring shoes with a leather sole for the dance classes and the evenings. You may also want to bring blochs dance trainers with you as well. Your shoes should be comfortable and supportive. Lightweight cotton socks are advisable if you want to avoid sweaty and blistered feet! Comfortable loose clothing for the classes are also recommended. We expect the Salsa Nights to be quite dressy so bring some glam gear with you for the evenings!

Useful Things to Bring
Camera
Swim wear and sunscreen
Summer/Autumn clothing for day
Jacket for evenings
This fact sheet and Joining Instructions
Travel documents - inc passport, money, plane ticket.

At Your Destination

Banks and Money: The easiest way to obtain euros is by using a credit card at the cashpoints which are located at five minutes walking distance from the hotel. You can take out small amounts, as often as you like, at any time, without queuing. You will need to know your P.I.N. Bank opening hours are normally 9.00 a.m. to 2.00 p.m. Banks will change cash, travellers cheques and will sell you currency on your credit card providing the lines are open. You will always need to show your passport at a bank.

Tipping is generally not that common in Spain and there is no need to tip taxis. It is usual to leave a 5 - 10% tip at a restaurant but entirely at your discretion.

Making friends with the locals and people not on the holiday: The dance classes and dance evening events in the hotel at night are exclusive to Dance Holidays clients. Generally, we discourage people who are not on the holiday from joining our activities and we ask for your discretion in this respect. By all means, outside of the itinerary, do mix with other holidaymakers staying in the hotel.
