## CUD 💥 CUD Club Dance Holidays Factsheet UD 💥 CUD 🧩



The legendary Ceroc Mediterranean Festival 2024 takes the nationwide Ceroc community again to Calpe, Spain for a non-stop dance explosion in the sun, offering fantastic, high-energy workshops and unforgettable parties during the day and at night.

### DATES AND PRICE: 15/09/2024 - 22/09/2024 FROM £989.00

### WHATS INCLUDED

- A full dance pass to the seven-night Ceroc Mediterranean Festival
- Daily classes and workshops with the Ceroc team
- Pool parties most days
- A fantastic Beach Party
- Freestyle dancing every night
- Fancy dress farewell party
- Optional group excursions
- Return flights from Gatwick (other airports available at a supplement. See flights and transfers for more information)
- Return shuttle transfer from Alicante Airport
- 7 nights half board
- A bilingual Club Dance Holidays tour host
- Time to relax and enjoy the beach, pool, local sights
- Welcome drink & and orientation pack on arrival
- Book your own flight and get £250 off
- NB: Price is based on twin-share accommodation. The supplement for a single room is £217 per person; alternatively, we can arrange a room share for you.

## CUD :::: CUD Club Dance Holidays Factsheet UD ::: CUD ::::

### **UNIQUE FEATURES**



KODAK PORTA 400





KODAK PORTA 400

## CUD :::: CUD Club Dance Holidays Factsheet CUD ::: CUD

What previous guests have said about the holiday

#### "Wow what an amazing time!!"

"I'm still re-living an amazing week, two weeks later. I have post-Med Fest blues!"

"Fabulous choice of classes and workshops with a good balance of time to relax and enjoy the hotel and nearby beach"

"I have once again thoroughly enjoyed the week of ceroc in Calpe and have already booked for next year. BIG THANK YOU TO ALL!!!"

## IS THIS HOLIDAY FOR ME?

Yes! This is THE sunshine dance event of the year, one of the biggest and best dance holiday in the world. Not only will you learn new moves you will make friends, soak up the sunshine and enjoy some epic freestyle dance nights with the Ceroc team. We do recommend that you're not a complete beginner to Ceroc to really get the most out of this holiday. Take a few lessons before September, catch the bug, meet some like-minded Ceroc friends and come and join us in the sunshine. As well as a jam-packed schedule of classes and workshops plus pool parties and epic freestyles every night, there is time to relax and enjoy the hotel facilities, the lovely beach nearby and the local sights.

### YOUR DESTINATION, INCLUDES SIGHTSEEING

Located on the central Eastern coastline, Spain's Costa Blanca is a popular destination for tourists who arrive every summer to take advantage of the warm climate, sun-drenched beaches, laid-back lifestyle and lively evening culture. Calpe is situated approximately 60km from Alicante airport. With around 13.000 inhabitants, this unassuming former fishing village has become a popular resort. A distinguishing feature of the town is the "Penon de Ifach", an imposing rock which rises from the sea and creates a unique landscape for this coastal resort.

## YOUR ACCOMMODATION

### Roca Esmeralda - Hotel\*\*\* (Half Board) (Included)

The Hotel AR Roca Esmeralda & Spa \*\*\* has 88 double rooms and 124 double rooms with salon, which are ideal for families.

All rooms are equipped with a full en-suite bathroom with a hairdryer, air-conditioning and heating, ambience music, a safety deposit box, telephone, satellite TV, a fridge and balconies with a sea view.

The Hotel AR Roca Esmeralda & Spa \*\*\* offers a wide range of services and facilities which will satisfy all your holiday, business or special celebration requirements. Enter in the Esmeralda Fitness Club & Spa to discover an Oasis of Wellbeing and enjoy the benefits of Hydrotherapy and the Beauty and Health treatments offered.

#### **Diamante Beach - Hotel\*\*\*\* (Half Board) (Upgrade)**

The AR Diamante Beach Spa is located on the Levante beach in the town of Calpe, a stunning location on the Costa Blanca in Spain's Alicante province. The hotel's unique style is characterised by its spectacular glass facade that lends an impressive source of natural illumination to the carefully designed interior.

There are three outdoor pools, surrounded by attractive terraces dotted with palm trees and just a few steps from the seashore. The locally renowned, modern Spa is one of the best on the Costa Blanca and has an additional indoor pool with water features as well as Turkish baths, a sauna, and an array of treatments. There is also a gvm and access to a nearby golf course

Dining options include two a la carte restaurants serving local and international cuisine, a buffet restaurant, a cafeteria and a piano bar.

All 283 double rooms are attractively decorated and have large balconies, air conditioning, safe, wi-fi internet connection and private facilities, and hairdryer.

### THE LEARNING EXPERIENCE

Ceroc Med Fest is suitable for dancers of all abilities but we do recommend, for maximum enjoyment, that you have some experience before joining the holiday. There is a full schedule of dance workshops, with at least five hours to choose from each day and different modules include: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

The Ceroc UK teacher's aim is to ensure that everyone gets something out of the classes; even the most advanced dancers will be stretched and will return from the week away with new additions to their repertoire. What's more, the teaching team inject a fantastic sense of fun into all the classes and workshops.

## CLASSES & WORKSHOPS

**Dance workshops:** Med Fest offers a full schedule of dance workshops, with at least five hours to choose from each day. These workshops will not only give you precious time with the top Ceroc teachers in the UK who will entertain you with their humour, personality and excellent teaching technique, but also will give you the opportunity to take different modules including: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

**Venue of classes:** All the workshops will conveniently take place within the hotel. All of our Ceroc events are gender balanced. We believe that gender balancing is an important feature of Ceroc events as it ensures maximum enjoyment for everyone. By nature, Ceroc requires a male lead and to create a successful event it is important for both men and women to have equal workshop and freestyle opportunities.

We strive to ensure a successful gender balance by creating appropriate promotions where necessary.



## YOUR TEACHERS

'Teaching the Ceroc MedFest workshops and dancing with you in the Freestyle Nights will be the top names in Ceroc teaching from the UK. The teaching team are chosen not just for their great teaching technique but also for their charisma, sense of humour and fun. Among the teachers and DJs for this year will be: TBC - will be announced soon

## WEATHER

Calpe is located on the Costa Blanca on Spain's Mediterranean coast and the climate is always mild and sunny.

Days are usually hot with balmy evenings, so visitors should pack light and cool clothing. Average temperature in September: 22°C -25°C. It rains on average a total of 6 days through the month of September.

### NIGHTLIFE

1.00

The Ceroc Med Fest includes seven fabulous freestyle nights and often the party continues into the early hours.

In addition to dancing and music from Ceroc UK's top DJs, our freestyle nights include fun competitions, cabaret, fancy dress (theme TBC) and a showcase by the teachers on the last night. The last night will also host the 'Ceroc Med Festival Awards' where prizes will be given to the Sexiest dancer, Coolest mover etc.

The Ceroc UK team are fantastic party hosts and they will ensure you have some unforgettable nights in Calpe.

## FOOD AND MEALS

Calpe offers a choice of modern and traditional Spanish restaurants with freshly caught seafood a specialty. International cuisine, including Italian and Chinese, are also available. Half board (breakfast and dinner) within your respected hotel is included in the package.





KODAK PORTA 400

### SAMPLE ITINERARY

Here's a provisional itinerary aiming to give you an idea of what your holiday will look like however there may be some elements which will change

#### DAY 1

During the day - Arrival at Alicante airport and transfer to the hotel Evening- Overview of the week; Welcome drink and Ceroc Med Fest freestyle night.

### DAY 2

During the day - Pick and mix Ceroc Med Fest dance workshops and/or sunbathing around the hotel pool or on the beach Late afternoon - Pool party with games around the hotel pool Evening - Ceroc Med Fest freestyle night

#### DAY 3

During the day - Pick and mix Ceroc Med Fest dance workshops and/or sunbathing around the hotel pool or on the beach Lunchtime - Pool party with games around the hotel pool Evening - Ceroc Med Fest freestyle night

#### DAY 4

Free day to relax by the pool or on the beach, or go on one of the excursions (optional extra), or enjoy an afternoon pool party with the team. Evening - Ceroc Med Fest freestyle night

#### DAY 5

During the day - Pick and mix Ceroc Med Fest dance workshops and/or sunbathing around the hotel pool or on the beach Late afternoon - Pool party with games around the hotel pool Evening - Ceroc Med Fest freestyle night

### DAY 6

During the day - Pick and mix Ceroc Med Fest dance workshops and/or sunbathing around the hotel pool or on the beach Lunch included Late afternoon - Beach Party

### DAY 7

During the day - Pick and mix Ceroc Med Fest dance workshops and/or sunbathing around the hotel pool or on the beach

Later afternoon - Pool party with games around the hotel pool Evening - Ceroc Med Fest freestyle night. Farewell dance party with showcase by your Ceroc teaching team. Plus the 'Ceroc Med Festival Awards' (prizes given for Sexiest Dancer, Best Talker, Coolest Dips etc). FANCY DRESS THEME NIGHT TO BE ANNOUNCED SOON.

### DAY 8

Check out and transfer to Alicante Airport or, if you have a later return flight leave your bags with reception and continue to enjoy the hotel facilities.

## CUD 💥 CUD Club Dance Holidays Factsheet UD 💥 CUD 🧩

### SINGLE ROOM SUPPLEMENTS, UPGRADES AND BUDGET OPTIONS

**Roca Esmeralda - Hotel \*\*\* Half Board (Included)** Twin Room (Per room) - Included Twin Room (Single occupation, per room) - 217.00 GBP

Extra Nights

Triple Room (Per room) - 174.00 GBP per night Twin Room (Single occupation, per room) - 93.00 GBP per night Twin Room (Per room) - 116.00 GBP per night

### Diamante Beach - Hotel\*\*\*\* Half Board (Upgrade)

Twin/Double Room (Based on 2 sharing) Included Twin/Double Room (Single occupation, per Room) - 217.00 GBP

#### Extra Nights

Twin/Double Room (Based on 2 sharing) - 130.00 GBP per night Twin/Double Room (Single occupation, per Room) - 100.00 GBP per night

## FLIGHTS & TRANSFERS

**Flights:** Your holiday includes flights from London Gatwick. Regional departures are available at a supplement - just give us a call on 0207 099 4816 - we're more than happy to help!

Or you buy your own flight and we can offer you a discount by doing so - please enquire when booking.

We provide shuttle transfers from Alicante Airport, providing you arrive between 9am and 6pm on the start day of the holiday and depart on the end day of the holiday.

If you are arriving on a different day you can easily reach your hotel by taking one of the following routes:

Taxi from Alicante Airport: Take a taxi for approximately €110
Public Transport from Alicante Airport: You can take a direct bus from Alicante airport to Benidorm bus station. You will then need to change for a bus to Calpe.
The entire journey takes around 3 hours, including waiting time.

## CUD Sector Club Dance Holidays Factsheet UD Club Club

## ORGANISATION - WHAT TO EXPECT

**On Arrival:** You will receive a detailed itinerary.

**Overview of the Week and Welcome Drink:** At the beginning of the week there is an overview of the week where your tour host will tell you about all details of your holiday. Also at the start of the week, Club Dance Holidays will invite you to be our guest to a drink.

**Getting Around:** You are responsible for making your own way to the dance classes and meeting points on the itinerary.

**Free time:** We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you.

## BEFORE YOU GO

**Health and Fitness:** There are no particular health requirements for a dance holiday. However you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.

**Insurance:** Insurance is a condition of booking and will need to be organised independantly.

**Travel Documents:** You will receive these 10 days prior to departure.

### PACKING TIPS

What to wear for dancing: We recommend that you bring shoes with a leather sole for the dance classes and the evenings. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! Wear comfortable loose clothing for the classes. We expect the dance evening's to be quite dressy so bring some glam gear with you for the evenings!

**Luggage allowance:** Included in the airfare is one large check-in bag per person (between 20 - 23 kg, airline depending) Carry on luggage can vary depening on the airline, so get in touch with us for more information. Extra luggage can be secured for your booking if need be. We only pass on the cost from the airline

See the most interesting places and book your next dance holiday with us!

