

CLUB DANCE HOLIDAYS FACTSHEET

ZUMBA® SUNBLAST ANTILLA

13th - 20th September 2026

Experience Fitness with Zumba® in our brand-new destination on Islantilla Beach. Join George Martini and guest instructors, offering a full programme of fitness and well-being, including Zumba® and a lot of fun in the Spanish sunshine.

PACKAGE INCLUDES

- Return Airfares*
- Return transfers
- 7 nights accommodation
- Breakfast & Dinner
- Drinks included with dinner
- Zumba® and Aqua-Zumba® classes
- Programme of evening entertainment

From

£1,269 per person

Book before 1st April 2026 :

£1,199 per person

**Return flights from London Gatwick. Other airports possible with supplement*

HOLIDAY HIGHLIGHTS

- Prime Beachfront Location
- Socialising with like-minded people
- Balanced Itinerary with Leisure Time
- Experience a different part of Spain
- Leave everything to us.

Accommodation, travel,
dancing...We'll sort it all for you!



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UNIQUE FEATURES

Spend a revitalising week immersed in a full programme of fitness and well-being, including Zumba® in the Spanish sunshine. You'll enjoy a high-energy daily schedule of classes with George Martini and friends, including Zumba®, Aqua Zumba and more. It doesn't end there, you'll also get time to enjoy the local beaches, sample the cuisine and dance the night away in a social group of like-minded people with a lot of fun!

George's enthusiasm, charisma, fun and inclusive teaching method will ensure that you experience a memorable week with as much Zumba as you can handle, as well as some great nights out.

Your holiday, including all dance and fitness classes, takes place in a fantastic 4-star hotel.

WHAT'S INCLUDED

- A full programme of classes in Zumba® and Aqua-Zumba led by course director George Martini
- Programme of evening entertainment
- return flights from London Gatwick* (other airports are available at a supplement)
- Return shuttle transfer from Faro Airport
- 7 nights' half board accommodation at a four-star Hotel
- drinks included during dinner
- Time to relax and enjoy the beach, pool and local sights

IS THIS HOLIDAY FOR ME?

Yes! This is an ideal holiday for newcomers to dance or fitness, regardless of ability. A true Mind, Body and Soul retreat jam-packed with classes in dance, fitness and well-being. Zumba® Fitness is a Latin-inspired dance and fitness craze currently sweeping the UK's dance studios, combining international music and contagious steps to form an addictive "fitness-party". On this holiday, you can not only learn Zumba® but also participate in additional classes in Aqua Zumba, Salsa, Bachata, as well as enjoy a lively social week in the sun. A fun, dance-based workout combined with sunshine, culture, good friends, food and entertainment.

WHAT PREVIOUS GUESTS SAY

"I just want to say thank you, the holiday was amazing."

"The teachers and hosts were fantastic and so helpful. Well done to you guys for a great holiday, we thoroughly enjoyed it"

"I met so many great people and returned home feeling truly revitalised!"

"An amazing week. The choice of classes was excellent, and the venue so accommodating. It was great to be able to dip in and out of the class schedule and the evenings were fantastic fun"

THE DESTINATION

Islantilla Beach, Huelva: Tucked along Spain's unspoiled Costa de la Luz, Islantilla boasts a stunning 1,400-metre Blue Flag beach known for its fine white sand, crystal-clear waters, and excellent facilities, including accessible walkways, showers, lifeguard stations, and a charming promenade. Beyond the beach, the area is rich in natural and cultural treasures – from the lush pine forests and dunes of the nearby nature reserves to the picturesque fishing villages and historic towns that dot the Huelva coastline.

Whether you're unwinding by the sea, teeing off at the local golf course, or exploring the vibrant Andalusian heritage of nearby Lepe and Isla Cristina, Islantilla offers the perfect mix of relaxation, adventure, and authentic Spanish charm.

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CLIMATE AND WEATHER

In September, Antilla enjoys wonderfully warm and sunny weather, making it an ideal time to visit. With average daytime temperatures hovering around 28°C and plenty of sunshine, it's perfect for beach days, al fresco dining, and exploring the local sights. The evenings are pleasantly mild, dropping to around 19°C, and rainfall is minimal, giving you every excuse to stay outdoors and soak up the last of that summer vibe.

FOOD & MEALS

Breakfast and dinner are included and served at the hotel. Lunch and any extra snacks are at your own expense, and there are quite a few options to choose from in the area to discover.

Cuisine: Isantilla's cuisine is a true taste of Andalusia, with a strong influence from the nearby fishing villages and local agricultural traditions. Fresh seafood is the star of the show – think grilled sardines, cuttlefish, and the region's famous white prawns. You'll also find delicious tapas, rich Iberian hams, and locally grown olives and wines to complement every meal. Whether you're dining in a beachfront chiringuito or a tucked-away taverna, the food here is all about simple, bold flavours and warm hospitality.

YOUR ACCOMMODATION

4-star beachfront Hotel (Half Board Included)

This four-star hotel is located in front of the beach of Isantilla, in a privileged place of the Coast of the Light. Come and feel the sun, the breeze of the Atlantic Ocean, and enjoy the pleasure of your senses.

All rooms at the Hotel have been designed to provide a pleasant rest and great comfort, offering excellent facilities to all its customers. It has 5 swimming pools and 1000 m2 of spa & wellness area, and awe-inspiring gardens inside and out.

SINGLE ROOM SUPPLEMENTS, UPGRADES, AND EXTRA NIGHT RATES

Hotel**** Half Board - (13/09/2026 to 20/09/2026 - 7 nights)

Twin/Double Room - Included

Suite Sea View for 2 pax (Based on 2 sharing) 98.00 GBP per person

Twin/Double Room for Single Occupancy (Per Room) - 175.00 GBP

Extra Nights - prices are per room

Twin Room (Per Room) - 144.00 GBP per night

Suite Sea View for 2 pax (Based on 2 sharing) - 172.00 GBP per night

Twin Room for Single Occupancy (Per Room) - 91.00 GBP per night

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YOUR TEACHERS

We work with some of the UK's best known instructors, all of whom carry the official Zumba qualification as well as qualifications in Masala Bhangra, and Salsa, and have many years' experience in dance and fitness instruction.

Your host and teacher will be George Martini.

George is an extremely popular and experienced figure in the Zumba world, and his enthusiasm, professionalism, charisma, and inclusive teaching mean he is always in demand.. George is qualified in Zumba, Aqua Zumba, Zumbatomic, Masala Bhangra, and more and runs his own company providing salsa classes for school children. George has always been passionate about Latin dance and fitness, and his infectious style has won him many fans in his hometown of Oxford and throughout the UK.

CLASSES AND WORKSHOPS

You'll enjoy a full schedule of Zumba and related classes, comprising of at least twelve hours. You'll be completely immersed in the fun ethic of Fitness and Zumba in Antilla with a wide range of related dance and fitness classes, which include:

Zumba Fitness®

The only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. Zumba Fitness classes will form the basis of the holiday.

Additional classes on offer include:

Aqua Zumba®

Known as the Zumba "pool party," Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting, and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.
and more...

All the classes will take place within the hotel

ORGANISATION - WHAT TO EXPECT

Before Arrival: You will receive a detailed itinerary, holiday joining instructions, and flight tickets 10 days before the departure date.

Overview of the Week: At the beginning of your holiday, there is an overview of the week where your tour host will tell you about all the details of your holiday.

Getting Around: You are responsible for making your own way to the dance classes and meeting points on the itinerary.

WHAT TO BRING / BEFORE YOU GO

Insurance, Visa and Passport Requirements: Insurance is a condition of booking. Visas may be required for non-EU citizens. British nationals need a full passport to travel to Spain.

Clothing: We recommend that you bring trainers and comfortable gym-style clothes for the classes. Your shoes should be comfortable and supportive. Lightweight cotton socks are advisable if you want to avoid sweaty and blistered feet! Evenings are informal, but some venues do not allow beachwear/shorts, etc.

Travel Documents: You receive these 10 days before departure.

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SAMPLE ITINERARY

Here's a provisional itinerary aiming to give you an idea of what your holiday will look like, however there may be some elements which will change.

DAY 1

Arrive at Faro Airport and transfer to the hotel

Dinner in the hotel followed by a welcome evening - dancing until late into the night.

DAY 2

Morning Zumba classes

Aqua Zumba

Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes

Dinner in the hotel followed by dancing at a local venue

DAY 3

Morning Zumba classes

Aqua Zumba

Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes

Dinner in the hotel followed by dancing at a local venue

DAY 4

Morning Zumba classes

Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Salsa class

Dinner in the hotel followed by dancing at a local venue

DAY 5

Optional excursion

Free time to explore the local area, spend time on the beach or use the hotel facilities

Dinner in the hotel

DAY 6

Morning Zumba classes

Aqua Zumba

Free time to explore the local area, spend time on the beach or use the hotel facilities

Afternoon Zumba classes

Dinner in the hotel followed by dancing at a local venue

DAY 7

Morning Zumba classes

Farewell classes in the afternoon

Dinner in the hotel, followed by a farewell party with dancing late into the night

DAY 8

Transfer to Faro Airport for your return flight

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FLIGHTS & TRANSFERS

Flights: Your holiday includes flights from London Gatwick*. Regional departures are available at a supplement - just give us a call on 0207 099 4816 - we're more than happy to help! Or you can buy your own flights, and we can offer you a discount of £290 by doing so - please enquire when booking.

Transfers: We provide shuttle transfers from the airport (on the standard holiday dates).

**Supplement increases may apply for ALL airports, not limited to Gatwick, in line with rising flight costs. It pays to book early and avoid any extra fees. Please get in touch for an accurate quote at the time of booking.*

AT YOUR DESTINATION

Banks & Accessing Cash in Spain

The easiest way to obtain euros is by using a credit or debit card at ATMs, which are conveniently located within a five-minute walk from the hotel. Some ATMs may charge a fee for foreign currency withdrawals, so it's best to check with your bank for the most cost-effective options.

Banks in Spain are typically open from 9:00 AM to 2:00 PM. They can exchange cash, process travellers' cheques, and allow currency purchases via credit card, provided banking systems are operational. A passport is required for transactions at a bank.

Tipping is generally not that common in Spain. There is no need to tip taxis but it is usual to leave a 5 - 10% tip at a restaurant if you are particularly pleased with your dinner/lunch.

We feel our tour hosts work hard to give you an exceptional holiday and sometimes you may find that they add some special touches which are beyond the call of duty. If you agree with us, you might wish to show your appreciation by way of a tip. You can do this by putting money in an envelope on your own or by getting together with other guests. This is entirely at your discretion.

Making friends with the Locals and people not on the holiday: The dance classes and dance evening events in the hotel at night are exclusive to Club Dance Holidays clients. Wristband checks are conducted and anyone that is not a paying guest on the holiday will be asked to leave.

HOW TO BOOK

You can book online via our webpage www.clubdanceholidays.com, or for a more personal touch, give us a call or email and we can complete a booking for you.

A non-refundable deposit of £350.00 per person is required to confirm a booking. We then require the remaining balance by 10 weeks before departure, which we will remind you of closer to the time.

We are at your disposal Monday to Friday to answer any questions pre or post-booking, so do not hesitate to get in touch.

Terms & Conditions

You can find our terms and conditions of booking [here](#)